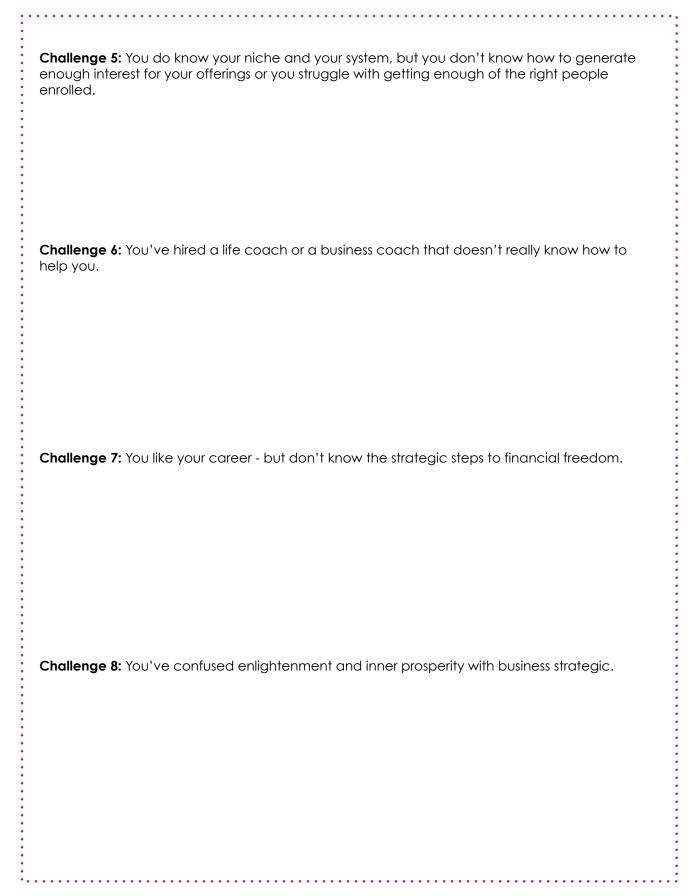
Yoga Teachers + Holistic Practitioners: Become a Local Superstar

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	Teacher/Student Wellness Evolution List 3 specific body/mind/spirit breakthroughs You've had on your yoga journey:
	1.
	2.
	3.
	What are the primary issues for your yoga students:
	BODY
	MIND
	SPIRIT
	What are the daily habits that keep your students from evolving more rapidly?
	BODY
	MIND
	SPIRIT

Annual Target Income =	\$						
Divided by 12 months =	\$	target monthly income					
How many hours a week do you want to work?							
What has been your income strategy in the past?							
What is working well?							
1.							
2.							
3.							
4.							
What isn't working well enough?							
1.							
2.							
3.							
4.							

Strategy Issues Worksheet Which of the 7 challenges are you facing? Write a personal statement about each.
Challenge 1: You know you have a lot more to offer your students- but you don't know how to get them to commit.
Challenge 2: You don't have a coach or a progressive community of peers to help you get the guidance, the action steps, and the support you need to jump income brackets.
Challenge 3: You have amorphous goals. You don't set monthly income targets with action steps to meet them.
Challenge 4: You don't have a niche, an offer, a signature system, or the action steps to put that in place.



Your Income Strategy Worksheet				
What is your income strategy for this year to hit your monthly income targets?				
What would help you meet your monthly income targets? A guide who knows the way A better business model or strategy				
More revenue streams				
Niching my businessMore people in my classes/workshops				
Taking my career online Using technology better than I know how				
Using technology better than I know how				
Selling packages and trainings over \$1000Creating my yoga health coaching system				
Outsourcing tasks to free up my time				
Being held accountable to my strategyI don't really know				
Circle the top 3. Rewrite the top 3 from above in order. To grow my income:				
(1) I need				
(2) I need				
(3) I need				
Who can help you get your needs met?				
——————————————————————————————————————				
Who is your mentor/coach to implement this strategy?				
Are you in a community that holds you accountable to your income goals?				
Do you need a better mentor/coach to make more money?				
Do you want to be in a tight-knit community to help you reach your income goals?				

Become a Local Superstar

Annual Target Income =	\$ -
Divided by 12 months =	\$ _ target monthly income
Your Yoga Health Coaching Program	\$ per person
# of Clients/per month	\$ clients

Prospects	Roster

Biggest Challenges in Filing Your Roster: